

# Minutes of Meeting – Monthly MHPSS TF Meeting

<b>Date</b>	September 3 <sup>rd</sup> , 2024	<b>Venue</b>	Online via Zoom application
<b>Time</b>	2:00 PM – 3:30 PM	<b>Minutes prepared by</b>	Samyah Awada (MOPH-National Mental Health Program)

<b>Organizations attending</b>	Almahdi scouts, Amel Association, CDLL, CLDH, Embrace, Fondation Hopital Saint Michel – Amchit, GIZ, HI - Humanity & Inclusion (Handicap International), himaya, ICRC, IDRAAC, Imam Sadr Foundation, IMC, INARA, International Medical Corps (IMC), IRC, JRS Lebanon, LCCE, Lebanese Red Cross, MAPs, Medecins du Monde, Mind Mend, MSF OCB, Première Urgence Internationale, Relief International, Restart Center, SAMS, SCI, Skoun, Tabitha, The Lebanese Women Democratic Gathering-RDFL, UNHCR, UNRWA, WHO, YMCA
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## Agenda


1. Updates from the National Mental Health Programme
2. Presentation by the Research and MEAL coordinator at the NMHP regarding the main findings of the evaluation of the integration of MH into PHCCs – pilot project
3. Presentation by Embrace on into the dawn walk
4. Presentation by a PHCC – Saint Michel Center in Amchit who are in the process of preparing for the integration MH into the PHCC services
5. Presentation by the MCT project manager at Embrace regarding the mobile crisis national model currently implemented in Beirut and the North.
6. AoB

Discussion	Action / Decision / Suggestion
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1. Updates from the National Mental Health Programme *\*Please refer to the presentation for full details*

<p>Domain 1- Leadership and Governance</p> <ul style="list-style-type: none"> <li>• National strategies (WHO, Unicef) - <a href="https://resources.nmhp-lb.com/">https://resources.nmhp-lb.com/</a></li> <li>• National Intersectoral MHPSS Emergency Preparedness and Response Plan</li> </ul> <p>Domain 2- Re-orientation and Scaling up of Mental Health Services</p> <ul style="list-style-type: none"> <li>• Integration of Mental Health into PHCs: Piloting of the MH packages</li> <li>• De-institutionalization project</li> <li>• Step by Step</li> </ul> <p>Domain 3- Prevention and Promotion</p> <ul style="list-style-type: none"> <li>• MH diploma - Second cohort has been launched</li> <li>• Communication and conferences activities</li> </ul> <p>Domain 4- Research and health information systems</p> <ul style="list-style-type: none"> <li>• Summit research project</li> <li>• HIS Platforms – For assistance please contact <a href="mailto:jiana.tabbara@nmhp-lb.com">jiana.tabbara@nmhp-lb.com</a></li> <li>• MH and SU Atlas</li> </ul>	<p>➡ To fill out the emergency contingency plan updates by each NGO <a href="https://docs.google.com/forms/d/1jtaFMr18mp9pzvkQ7RXJHqpb7vOQKgZr8TPeyNNxxfU/edit">https://docs.google.com/forms/d/1jtaFMr18mp9pzvkQ7RXJHqpb7vOQKgZr8TPeyNNxxfU/edit</a></p> <p>➡ Partners are to consult with NMHP before submitting any proposals related to MH to ensure alignment with the MH strategy and prevent duplication of efforts between partners</p> <p>➡ Partners are to inform the NMHP of planned trainings or other activities</p>
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2. Presentation by the Research and MEAL coordinator at the NMHP regarding the main findings of the evaluation of the integration of MH into PHCCs – pilot project *\*Please refer to the presentation for full details*

<ol style="list-style-type: none"> <li>1. Reach <ul style="list-style-type: none"> <li>• Perceived acceptance among service users</li> <li>• Enrollment rates</li> <li>• Cumulative distribution of service users across governorates</li> </ul> </li> <li>2. Effectiveness <ul style="list-style-type: none"> <li>• Clinical improvement rate, remission rate, response rate</li> <li>• Quality of mental healthcare</li> <li>• Specialist referral rate</li> <li>• Service user satisfaction</li> </ul> </li> <li>3. Adoption - Extent of model adoption <ul style="list-style-type: none"> <li>• Phenics reporting: challenges</li> </ul> </li> <li>4. Implementation <ul style="list-style-type: none"> <li>• High-risk status</li> <li>• Caseload and sufficiency of HR time</li> <li>• Adherence to screening: Challenges</li> <li>• Referral pathways - Feedback</li> <li>• Sufficiency of trainings provided</li> <li>• Etc.</li> </ul> </li> <li>5. Maintenance <ul style="list-style-type: none"> <li>• Preference of mental health model</li> </ul> </li> <li>6. A closer look: Caja PHCC</li> <li>7. Conclusion - The reach of the PHCs will be increased and the model will be financially secured</li> </ol>	<p>- The new integration packages trainings will serve as refresher trainings (NMHP)</p> <p>- We will prepare to receive a higher number of service users (NMHP)</p>
<p>3. Presentation by Embrace on into the dawn walk <i>*Please refer to the leaflet for full details</i></p>	
<p>Dawn Walk 2024 will be held in Ehden on Sunday, September 8, 2024, at 5 am.</p> <ul style="list-style-type: none"> <li>• It is an annual walk that Embrace organizes around September 10, which is World Suicide Prevention Day</li> <li>• People who were affected by suicide will give testimonies</li> <li>• <i>“Together, let us send a powerful message of hope, unity and unwavering support. Suicide is preventable when we come together and take action”.</i></li> </ul>	
<p>4. Presentation by a PHCC – Saint Michel Center in Amchit who are in the process of preparing for the integration MH into the PHCC services <i>*Please refer to the presentation for full details</i></p>	
<p>More than 160 years of service in public health</p> <ul style="list-style-type: none"> <li>• Mission: Enhance and uphold public health</li> <li>• Vision: Strive to offer upstream and holistic solutions for public health issues</li> <li>• It is a Primary Health Care center approved by the Lebanese Ministry of Health</li> <li>• The emergency today is no longer hospitalization but preventive medical care</li> </ul> <p>Project seeking funding</p> <ul style="list-style-type: none"> <li>• Integrating specialized mental health services</li> <li>• We are seeking to fund operational and setting up costs</li> </ul>	<p> Louwana Al Andary</p> <p>Director of PHCC Saint-Michel - Amchit</p> <p><a href="mailto:landary@foundationsaintmichel.com">landary@foundationsaintmichel.com</a></p>

5. Presentation by the MCT project manager at Embrace regarding the mobile crisis national model currently implemented in Beirut and the North *\*Please refer to the presentation for full details*

National Mental Health Emergency Response Mechanism Team NMHERMT (ERMT)

- Goal: Ensuring access to timely quality care for persons experiencing a mental health emergency while respecting human rights in compliance with applicable laws and best practices
- Team & Geographical coverage
  - Available 24/7
  - In Beirut and North of Lebanon
- Criteria of the mental health emergencies in need of a dispatch
  - Ongoing Suicide Attempt or an Unmitigated Suicide Attempt
  - Acute psychosis or mania
- Process of dispatching the ERMT
  1. Call Received
  2. Dispatch Needed
  3. Supervisor Informed

➡ Jinane Jomaah from Embrace:  
[nmhermpc@embracelebanon.org](mailto:nmhermpc@embracelebanon.org)

**Next meeting:**