



List of psychotropic and neurological medications

Recommended by the National Mental Health Programme For use at the Emergency Room June 2016

In the context of training emergency room staff in public and private hospitals on mental health emergencies,

And in the context of the integration of mental health services into primary healthcare centers, and the provision of specialized mental health services by local and international non-governmental organizations to displaced Syrians, Palestinian refugees and vulnerable Lebanese

And after the harmonization of the psychotropic and neurological medications list for prescription in humanitarian setting in the context of Syrian crisis,

And after taking into consideration the available medications in Lebanon as listed in the National Drug Index¹, the need to have a sustainable supply of psychotropic and neurological medications for all population residing in Lebanon including in the emergency rooms of the hospitals, the need for public health relevance, evidence of efficacy, safety and comparative cost-effectiveness, and the need for continuum of care,

And in line with the National Mental Health and Substance Use Strategy for Lebanon 2015-2020²,

The National Mental Health Programme recommends that the list of psychotropic and neurological medications in the emergency rooms of private and public hospitals include the following medications:

| Class | Medication (molecular name) | Form and Dosage |
|--|-----------------------------|---------------------------------|
| Antipsychotics | Chlorpromazine | Injectable solution - 25 mg/5ml |
| | Haloperidol | Injectable solution - 5 mg/ml |
| Antiepileptic / Mood stabilizers | Sodium valproate | Injectable solution - 100 mg/ml |
| Antiepileptic /Anxiolytics | Diazepam | Injectable solution - 10 mg/2ml |
| Antiepileptic | Phenytoin | Injectable solution - 250mg/5ml |
| Anti-alcoholic withdrawal symptoms | Thiamine (vitamin B1) | Injectable solution - 100 mg/ml |
| Anti-opioid overdose | Naloxone | Injectable solution - 0.4mg/ml |
| Treatment of antipsychotic medications side-effects | Promethazine | Injectable solution - 50 mg/ml |

¹ Ministry of Public Health of Lebanon. 2015. National Drug index, fifth edition, available at <http://www.moph.gov.lb/userfiles/files/HealthCareSystem/Pharmaceuticals/LNDI/LNDI-2015.pdf>

² Ministry of Public Health. 2015. Mental Health and Substance Use- Prevention, Promotion, and Treatment- Situation Analysis and Strategy for Lebanon 2015-2020. Beirut: Lebanon, available at <http://www.moph.gov.lb/userfiles/files/Programs%26Projects/MentalHealthProgram/MentalHealthStrategy-Eng%20-2015.pdf>