MHPSS Monthly Indicators
Version 1.4 (Initial Use - September 2018)

The Mental Health and Psycho-Social (MHPSS) Monthly Indicators are designed as a minimum set of data points to monitor the access and some quality components of the available MHPSS services in Lebanon. They focus on the provision of core MHPSS activities along with follow-up questions regarding specific vulnerable subgroups of the population (e.g. presence of suicide risk, psychosis, and referral to hospitalization).

These indicators were selected based on available indicators shared by different organizations participating in the MHPSS Task Force, advice from local and international stakeholders and experts in the field. In addition, discussions and feedback received from those involved with reporting for the MHPSS Monthly Indicators helped develop the current version (1.4) of the form.

The main goals of the MHPSS Monthly Indicators are:
- Monitor access to doctors trained on Mental Health Gap Action Program (mhGAP), both psychologists and psychiatrists
- Monitor the trend of mental health diagnosis in Lebanon
- Follow-up on specific vulnerable populations and decrease risk of relapse and suicide
- Empower persons with mental health disorders and their caregivers

Step	Instructions
Before Completing	If your organization does not provide services by psychotherapists, psychiatrists, or mhGAP-trained physicians do <u>not</u> fill this report. However, if your organization provides services relating to PSS, please fill those indicators via the ActivityInfo platform - especially for PSS Indicators relating to Child Protection issues. If your organization provides services at more than one location, please fill out separate reports for each individual facility. Please relay up-to-date contact information for each facility (Name, Email, Position) to ensure continuous and uninterrupted communication via the online platform.
Step One	Fill out the Monthly Indicators report to the best of your knowledge. If a field does not apply to your organization, enter "0". All values entered should be numerical.
Step Two	Save the report as a Word document only.
Step Three	Save the report with the following title format: "Monthly Report - Month Year – Your Organization"

Step Four	Submit the form as an attachment in an email title "Monthly Report – Month Year – Your Organization" to mentalhealth@moph.gov.lb

Term	Definition
New consultation	Person coming for the first time to the facility for services (can be an individual lost to followup)
Follow-up consultation	Person who has previously been seen by this facility in the last three months coming for an appointment
Active person	Person not being formally discharged from the facility for a mental health episode and interacting with the mental health service of the facility at least once within the last 3 months
Discharged person	The person with mental health disorder is considered officially discharged for this mental health episode when it is formally agreed with the person that there will not be any interaction with the facility
Defaulter person with psychosis	A defaulter person with psychosis is a person with psychosis not officially discharged and not interacting with the facility even once within the last 3 months (either by phone or home visit or for medications or for consultation…)
Mental health diagnosis	Mental health diagnosis is based on International Classification of Disease ICD10
Suicide risk	As per mhGAP suicide risks criteria[1]

MHPSS Indicators – Monthly Reporting

Contact Information			
Organization Name	autofilled	**Reporting Month and Year**	autofilled
Facility Name	autofilled	**Focal Person Name**	autofilled
Facility Caza	autostored	**Focal Person Position**	autofilled
Facility Longitude (Y)	autostored	**Focal Person Cell Phone**	autostored
Facility Latitude (X)	autostored	**Focal Person Email**	autostored

Facility Phone Number	autostored	Report Submitter	autofilled

M1a - By Provider for Individuals Previous Month	New Consultations	Follow-up Consultations
Psychotherapist(s)		
Psychiatrist(s)		
Total		

M1b - By Provider for Individuals Previous Month	New Consultations (All)	New Consultations with Individuals with Mental Health Condition(s)	Follow-up Consultations with Individuals with Mental Health Condition(s)
Doctor(s) trained on mhGAP			

M2 - By Nationality Previous 3 Months	Number of Active Persons		
Displaced Syrians			
Palestinian Refugees from Syria (PRS)			
Palestinian Refugees from Lebanon (PRL)			
Lebanese			
Other		**Specify:**	
Total	**Auto Calculated for you**		

M3 – By Age Category Previous 3 Months	Number of Active Persons
<18y	
19y-59y	
>60y	

Total	Auto Calculated for you

M4 - By Mental Health Diagnosis Previous 3 Months	Number of Active Persons
Anxiety (F40.0 to F48.9)	
Depression (F32.0 to F39.0)	
Psychosis including bipolar disorders (F20.0 to F31.9)	
Developmental disorders (F70.0 to F79.9)	
Other mental health disorders (F01.0 to F19.9; F50.0 to F69.0; F80.0 to F98.9) (please specify)	
Total	Auto Calculated for you

M5 - By Specific Vulnerabilities as per mhGAP Previous Month	Number of Persons with Specific Vulnerability
New Individuals with **imminent** suicide risk	
Follow-up Individuals with imminent suicide risk	
Individuals who attempted suicide	
Individuals who completed suicide	
Individuals with **imminent** suicide risk lost to follow-up	
Individuals with disorders due to alcohol or drugs	

M6 - By Reason for Discharge Previous Month	Number of Individuals Discharged from Facility
End of Treatment	
Family refusal of treatment (before or at any point during treatment)	

Person refusal of treatment (before or at any point during treatment)	
Defaulter (no contact within the last three months) with psychosis	
Other	**Specify:**

M7 - By Psychiatric Admission Status to Hospital Previous Month	Number of Persons Referred for Psychiatric Admission Last Month
Persons admitted < 48h	
Persons admitted between 48h and 2 weeks	
Persons pending admissions	
Persons managed and recovering without admission	
New persons referred for admission	

M8 - By Reason for Non-Admission within 48hs Previous Month	Number of Persons Requiring Referral for Psychiatric Hospitalization
Persons managed and recovering without admission	
Pending admission	
Financial	
Person Refusal	
Family Refusal	
Hospital Refusal	
Transportation/Mobility Restriction	
Other	

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[1] WHO mhGAP intervention guide 2.0 is available at http://www.who.int/mental_health/mhgap/mhGAP_intervention_guide_02/en/